

Quarantine

BINGO

touched your face accidentally	downloaded Tik Tok	online school/work	Had to convince a family member to stay home	washed your hands today
wrote in a Journal/Diary	Cut your own hair	family game night	watch Outbreak, Contagion or Quarantine	slept In
Gained at least 1 lb	hugged a parent		facetime a friend or family member	Ask someone what day it is
watch a Disney or Marvel movie	took a bath	made a homemade pizza	pajamas all day	work up at your normal time
someone farts out loud	breakfast for dinner	took A Nap	eat a guilty snack (Chips/Cookies/Etc)	drink coffee twice a day for seven days